

COMMITTEE: SOUTH EAST REF NO: SEAC/18/30
DATE: 13 MARCH 2019
SUBJECT: FUNDING REQUEST: NACTON
COMMUNITY FUND – 4YP NACTON GIRLS’
GROUP
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HEAD OF SERVICE: IAN BLOFIELD

Short description of report content and the decision requested:

This report requests that the South East Area Committee consider allocating £3,000 of the Nacton Community Fund to Suffolk Young People’s Health Project. The funds would be used to provide a Nacton Girls’ Group for one year.

The group would consist of weekly 2-hour drop-in sessions of mentored support for 12-16 year old girls to explore health & wellbeing issues & connect with wellbeing services in Suffolk.

List of Appendices included in this report:

None

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This report was prepared after consultation with:

Internal consultees

External consultees

Scarlett McMurtry, Young People’s Coordinator, Suffolk Young People’s Health Project

The following policies form a context to this report:

(all relevant policies must also be referred to in the body of the report)

LIST OF BACKGROUND PAPERS AS REQUIRED BY LAW

(papers relied on to write the report but which are not published and do not contain exempt information)

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OTHER HELPFUL PAPERS

(papers which the report author considers might be helpful – this might include published material)

<i>SEAC/18/08 – Funding request: Nacton Road Community Fund</i>

1. Introduction

- 1.1 This report requests that the South East Area Committee consider allocating £3,000 of the Nacton Community Fund to Suffolk Young People's Health Project. The funds would be used to provide a Nacton Girls' Group for one year.
- 1.2 The group would consist of weekly 2-hour drop-in sessions of mentored support for 12-16 year old girls to explore health & wellbeing issues & connect with wellbeing services in Suffolk.

2. Background

- 2.1 The Nacton Community Fund was established in June 2018 and for three successive years, it sets aside £5,000 of the South East Area Committee budget for projects benefiting the residents of the Nacton area. The Nacton Girls' Group has been developed to address need in this area.
- 2.2 Suffolk Young People's Health Project, or 4YP, is a local charity (No [1084286](#)) whose purpose is to equip young people with the knowledge, skills and resilience to live healthier, safer, happier lives. The organisation has extensive experience in delivering counselling, wellbeing mentoring and led activities in a range of topics.
- 2.3 The Nacton Girls' Group would be open to girls between 12 and 16 years of age in the local area. Sessions would be weekly and last 2 hours for up to 15 people at a time (though more would be engaged over the project duration). The content of the sessions would be flexible to the needs of those attending. Initial discussions will broadly address issues affecting young people and will build dialogue and trust. These will lead to tailored sessions reflecting the needs of the group
- 2.4 Topics may include social media and the associated risks, drugs & alcohol, sexual health & pregnancy and mental health & self-esteem. Activities may include creative projects (e.g. music, craft, drama, role-play), sport or cookery to explore healthy living, nutrition and the link between food and emotional wellbeing.
- 2.5 The aims for the project are to;
 - Establish a local open-access Girls' Group, available at a regular time for local young women and girls, offering a range of informal education and health and wellbeing support.
 - Give local young people improved health and wellbeing through direct support from 4YP, through links to other support/organisations and through the knowledge & skills to help themselves and peers.
 - Engage volunteers to support the Girls' Group and increase their own confidence to support young people in the area.

2.6 The amount requested of the South East Area Committee, from the Nacton Community Fund provision is £3,000.

3. Relevant Policies and Area Action considerations

- 3.1 Building a Better Ipswich underlying principles:
- Priority 3: An Enjoyable Place to Live, Work and Study
 - Priority 4: A Healthy Community
- 3.2 To alleviate deprivation in the domain of:
- Health

4. Options Considered / Under Consideration

- 4.1 **Option 1** – Approve a forward commitment of £3,000 from the Nacton Rd Community Fund 2019/20 to 4YP to deliver the Nacton Girls’ Group for girls aged 12-16 in the Nacton area for one year.
- 4.2 **Option 3** – Do not fund.

5. Consultations

- 5.1 The Nacton Girls’ Group proposal has been developed by 4YP after consultation with Priory Heath Councillors and the Council’s Community Engagement Team.
- 5.2 The activities delivered and topics covered will be determined through consultation with girls accessing the group.

6. Risk Management

- 6.1 The risks outlined here relate to the Committee providing funding to the Club, the risks associated with building projects belong to the Club and those parties to whom it contracts works.

Risk Description	Consequence of risk	Risk Controls	Probability of risk occurring taking account of controls (1: almost impossible - 6: very high)	Impact of risk, if it occurred taking account of actions (1: negligible - 4: catastrophic)
Safeguarding risk to vulnerable people	Emotional or physical harm to individual	Safeguarding system Records check on staff and volunteers	2	3
Actions to mitigate risk	4YP operates a safeguarding policy for vulnerable young people and its staff are specifically trained and experienced to work in this areas. Staff and volunteers are Disclosure Barring Service checked.			

7. Environmental Impact Assessment

- 7.1 There is negligible environmental impact associated with the proposal. The use of materials would be minimal and there should be few additional car journeys, as the venue will be within, or within walking distance of the Racecourse estate.

8. Equalities and Diversity Implications

- 8.1 The proposed group is selective to two protected characteristics age: and gender. For those eligible, the group is expected to have a positive effect, as it will help to address challenges specific to those shared characteristics.
- 8.2 Those not eligible are not expected to experience any negative effect from its activities, nor in relation to the other protected characteristics.
- 8.3 The choice of venue will take account of likely access requirements for people with a disability.

9. Financial Considerations

Item	Cost
Youth Work Lead at £15/hour for 2 hours for 46 sessions	£1,380.00
Youth Work Assistant at £10/hour for 2 hours for 46 sessions	£920.00
Activities and materials at £5/week for 46 sessions	£230.00
Publicity and marketing	£200.00
Contribution to management and clinical supervision costs	£200.00
Staff travel	£50.00
Stationery/postage/printing	£20.00
Total	£3,000.00

- 9.1 The Committee has before it funding requests for a combined total that is greater than the remaining Nacton Road Community Fund remaining budget for 2018/19. The Committee is able, should it wish, to agree a forward commitment from the 2019/20 Nacton Road Community Fund budget for this request.
- 9.2 The Fund was established at £5,000 each year for three years (2018/19, 2019/20 & 2020/21) at the committee meeting of 18 July 2018.
- 9.3 The amount requested of the South East Area Committee is £3,000.

10. Legal Considerations

- 10.1 The Council has the power to make grants to community projects through the Area Committees. The Area Committees have delegated Executive powers and devolved budgets.
- 10.2 Area Committees have the power to award grants in accordance with part 3, section 2 of the Council's Constitution i.e. the Area Committee terms of reference.
- 10.3 The Funding Guidelines expectation of the applicant being a constituted organisation, with named post holders was met by the Charity Commission registration and articles supplied. Year-end accounts were also supplied and the named bank account was already verified through the Council's payments system.

11. Performance Monitoring

- 11.1 4YP will work with group participants to monitor their progress and gather feedback, through;
- Session recordings and observations
 - Discussions with YP
 - YP feedback sheets
 - Case studies
- 11.2 4YP also uses an impact measurement tool (Warwick/Edinburgh model) that allows young people to self-report their own state of wellbeing at the start and end of the project. These include indicators of;
- self-esteem and confidence
 - resilience and appropriate coping mechanisms
 - levels of anxiety, stress, anger or depression
 - engagement in social activities
 - incidences of harmful behaviour; substance misuse, binge drinking, anti-social behaviour, self-harm etc.
 - awareness of health-related issues, including relationships, safety, and sexual health
 - relationships with others and support networks
- 11.3 These measures will be summarised in a brief close of project report.

12. Conclusions

- 12.1 The Nacton Girls Group is proposed to give local girls (12-16yrs) the opportunity to gain skills, friends and support to face challenges that are common to their age, but which can be compounded by factors of local disadvantage.

13. Recommendation

13.1 That the South East Area Committee considers the merit of the options for funding set out in section four and decides an option.

13.2 Reason:

- To allow girls aged 12-16yrs in the Nacton area local access to mentoring, support and activity to improve their wellbeing and life skills.