

**COMMITTEE:** SOUTH WEST AREA      **REF NO:** SWAC/17/09

**DATE:** 21 SEPTEMBER 2017

**SUBJECT:** FUNDING REQUEST: TEMPLE FSK SELF-  
DEFENCE TRAINING

**REPORT AUTHOR:** SIMON LANNING

**HEAD OF SERVICE:** JENNY DINES

***Short description of report content and the decision requested:***

This report requests that the South West Area Committee considers allocating funding of £700 to Temple FSK martial arts school to provide self-defence training to residents, primarily those referred by support organisations. The one off session would cover situation awareness, weapon awareness, and basic self-defence techniques.

***List of Appendices included in this report: None***

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***This report was prepared after consultation with:***

*Internal consultees*

*External consultees*

*Steve Prentice – Lead Instructor, Temple FSK martial arts & self defence*

***The following policies form a context to this report:***

*(all relevant policies must also be referred to in the body of the report)*

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## **1. Introduction**

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- 1.1 This report requests that the South West Area Committee considers allocating funding of £700 to Temple FSK martial arts school to provide self-defence training to residents, primarily those referred by support organisations. The one off session would cover situation awareness, weapon awareness, and basic self-defence techniques.

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## **2. Background**

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- 2.1 Temple Freestyle Karate & Self Defence (Temple FSK) was formed as an organisation in 2014 after lead instructor Steve Prentice experienced the benefits of providing self-defence training to a client of Victim Support. Seeing her restored confidence inspired him to set up the Temple FSK club to offer self-defence and martial arts training.
- 2.2 In the years since the club has grown to a team of four instructors and, as well as sessions for its regular members, has provided training to Victim Support Ipswich, Suffolk Young Carers, Lighthouse Women's Aid, Genesis, Emmaus Ipswich, and Scouting groups
- 2.3 The club instructors believe from their conversations with residents and the high profile coverage in the press that there is increased public concern about violent crime in Ipswich. The club would like to offer a free-to-access half day course to residents and to people referred by the community groups previously partnered with the club.
- 2.4 The course would be a 4 hour workshop for up to 40 people working in groups of up to 10. Each group will work for an hour with a different instructor on different elements of the course.
- The course will cover environment & situational awareness,
  - threat management and response
  - Basic self-defence techniques (break-away from wrist and shoulder grabs, dealing with neck/choke holds, and defending from the ground)
  - Basic weapon awareness and defence
- 2.5 The training session will be held at the club's regular training venue, the 36<sup>th</sup> Ipswich Scout Hall on Hawthorn Drive. This will make it accessible to the residents of Chantry and be most convenient for the use of safety matting and training equipment.
- 2.6 The training session would be promoted to residents of Chantry and places would be offered to the clubs previous partner organisations (Para 2.2)
- 2.7 The total amount requested of the South West Area Committee is £700.

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### 3. Relevant Policies and Area Action considerations

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- 3.1 Building a Better Ipswich underlying principles:
- Priority 6: Safe Communities
- 3.2 To alleviate deprivation in the domain of Crime

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### 4. Options Considered / Under Consideration

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- 4.1 **Option 1** – Approve the allocation funding of £700 to the Temple FSK club to provide a half day self-defence training course.
- 4.2 **Option 2** - Do not fund.

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### 5. Consultations

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- 5.1 The proposed training session is a response to the club's experience of public concern over crime. No wider consultation has been undertaken

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### 6. Risk Management

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- 6.1 The risks inherent in the half-day self-defence training are owned by the Temple FSK Club.

<b>Risk Description</b>	<b>Consequence of risk</b>	<b>Risk Controls</b>	<b>Probability of risk occurring taking account of controls (1 – almost impossible 6 – very high)</b>	<b>Impact of risk, if it occurred taking account of actions (scale 1 – negligible; 4 – catastrophic)</b>	<b>Actions to mitigate risk</b>
Injury to training participants from fall or from activity	Physical harm to participant  Claim against Temple FSK	risk assessment of activity  Training of instructors  Safety equipment  Public Liability Insurance	2	3	Temple FSK has risk assessed its training activities  Safety matting and training pads are provided  The instructors are all experienced and highly qualified within the martial arts

					<p>Temple FSK has insurance to cover its training activities</p> <p><b>This risk is owned by the Temple FSK.</b></p>
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## **7. Environmental Impact Assessment**

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- 7.1 There is minimal environmental impact identified within the activities proposed. There will be some additional car journeys for instructors and participants.

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## **8. Equalities and Diversity Implications**

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- 8.1 The training will be open to residents of all backgrounds over the age of 16 years. Access to the training may be limited for people with disabilities or mobility issues. While adaptation will be made to the training where possible it will not be possible to make all elements accessible to all abilities.

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## **9. Financial Considerations**

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- 9.1 The course fee of £700 is payable to the Temple FSK club and a measure will remunerate the instructors and contribute to the running costs of the club; venue hire and maintaining the stock of training equipment. The club is saving toward obtaining a training space exclusive to its use.
- 9.2 The amount requested of the South West Area Committee budget is £700.

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## **10. Legal Considerations**

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- 10.1 The Council has the power to make grants to community projects through the Area Committees. The Area Committees have delegated Executive powers and devolved budgets.
- 10.2 Area Committees have the power to award grants in accordance with part 3, section 2 of the Council's Constitution i.e. the Area Committee terms of reference.

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## **11. Performance Monitoring**

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- 11.1 As part of the monitoring feedback for the Area Committee grant Temple FSK will report the number of participants and the feedback provided.

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**12. Conclusions**

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- 12.1 Temple FSK are seeking to provide free to access training to residents of South West Ipswich and those at greater risk of experiencing violence. The club believes this offer will increase the safety and confidence of those participants. It is seeking committee funding for the training expertise of its instructors and towards the costs of the club in providing the training

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**13. Recommendations**

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- 13.1 That the South West Area Committee considers the options set out in section four and determines the merit of allocating funding.**

Reason: To determine the merit of providing Committee funding Temple FSK martial arts school to provide self-defence training to residents of South West Ipswich and those referred by support organisations.